



In the vicinity of Scuol there are 20 mineral springs, and the Belvedere Hotel is located close to them. Dressed in your bathrobe, you can walk down a corridor with panoramic views of the mountains and the green forests, directly to the Engadine Bad Scuol water complex (with an area of 13 thousand square meters), which includes a sauna, along with indoor and outdoor swimming pools, all filled with the mineral water. The hotel has its own springs with a spa zone called Spa Vita Nova: belezza aplina with a steam room and jacuzzi, as well as a sports complex with swimming pools and a recreation area in the open air. All of these add exquisite pleasure to the recovery process.

VALUABLE MINERALS

The water from each of the different springs is not identical: there are four types, with different compositions and different healing powers.



FAMILY

The owners of the hotel Belvedere Julia and Kurt Baumgartner with their children. They have created a welcoming and family atmosphere

THE MAGIC OF THE PLACE

A postcard from the Grisons – a breathtaking view of the Engadin valley, which stretches nearly a hundred miles along the southern terrace of the Alps. The sun shines here for more than 300 days a year, illuminating the magnificent mountain scenery, the crystal clear lakes, and the mysterious ancient ruins, remnants of the greatness of Roman architecture. But the region first became known for its mineral springs, which invigorate and rejuvenate the body.

TEXT Marguerite Paon

PHOTO PRESS SERVICE BELVEDERE HOTEL, SHM

ATMOSPHERE

When the mineral water SPA and the hotel are framed by such beautiful views, the effect of the stay increases



Lucius: calcium-chloride-sulfate, strong sulfur springs. These springs are unique within the entire Alpine region. This water is used in the treatment of vegetative and psychosomatic disorders, and diseases of the gastrointestinal tract;

Sfondrätz: calcium-sodium-hydrocarbonate-chloride-acid sulphate. This spring has one of the highest concentrations of calcium in Europe. The water of this composition is used for the treatment of calcium deficiency and helps to combat osteoporosis;

Boniface: calcium-sodium-hydrocarbonate-oxidized ferruginous springs. The water from this spring protects against infections and assists in the treatment of bladder diseases and osteoporosis. It is widely used as a sports drink;

Lishan springs have sodium hydrogen carbonate and magnesium sulfate. The water contains a lot of magnesium, which largely determines the metabolism and functioning of the nervous system.

It is recommended for the treatment of vegetative regulatory system disorders and stress-related diseases.

DRINKING REGIME

The rich Scuol spa experience helps to energize a tired body, while the surrounding picturesque views will restore the peace of mind which may have been damaged by life's stresses. If you wish, you can undergo medical examinations in the Belvedere. Based on the results, experts will develop a personalized remedial program which will include physical therapy, massage and mineral water treatment. Dr. Christian Casanova will consult you about the timetable for drinking the spring water and the spa treatments, to tailor your program to your individual health conditions. If necessary, you will be scheduled for a more detailed study of the gastrointestinal tract, lungs and other organs.

TRADITION AND THE PRESENT DAY

The Belvedere Hotel was founded in 1876, and several years ago it was renovated, so that now it

Every village
of the *Grisons* has
its own unique *face*



BODY AND SOUL

Your eyes rest on the mountain scenery, as the body is purged during spa treatments



combines traditional hotel features with modern design and comfort. In 2007, another wing was built, near the original building. Opposite this wing, a new building was opened in 2011, with nine exclusive suites. The old part is connected with modernity via an underground passage. There are a total of 81 rooms, including 10 suites, 59 double rooms and 12 single rooms. The hotel's interior design and fittings were supervised by architect Renato Maurizio from Maloja, who also designed the lounge bar with its fireplace and wine cellar, as well as the spa complex.

In summer, the hotel price includes use of all modes of transport, including chairlifts, in the region of the Lower Engadine.



CHOICE

All variants of holidays are possible here: relax in the SPA or in the hotel room or wander around the town

CONTACT DETAILS

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BELVÉDÈRE SPECIAL

Enjoy a very special package with 4 nights, alpine breakfast and dinner, spa treatments and much more. From CHF 625 per person.

- 4 nights
- Welcome drink
- Daily alpine gourmet breakfast buffet with regional products
- 3 dinners in Belvédère
- 1 dinner in the gourmet restaurant or GuardaVal Nam Thai
- 60 minutes of relaxation in the SPA Vita Nova: Alpine massage followed by Blue Mountain Lake Bad
- Engadin Bad Scuol, daily unlimited access accessible on arrival and departure, directly in bathrobe
- Post bus throughout the region incl. Samnaun
- Three countries ride Scuol-Nauders-times-Scuol
- Rhaetic web to Zernez
- Bergbahn Motta Naluns and Ftan (according to opening hours)

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